

GYM A

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM Hour	Dr. Drill 5:30-6:30	Open Gym	Dr. Drill 5:30-6:30	Open Gym	Dr. Drill 5:30-6:30		
6:00 AM Hour		Open Gym		Open Gym			
	6:30 Open Gym		6:30 Open Gym		6:30 Open Gym		
7:00 AM Hour	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Older Adult Basketball 7:00-9:00	
8:00 AM Hour	Open Gym	8:30-9:15 Walking to the Oldies	Open Gym	8:30-9:15 Walking to the Oldies	8:30-9:15 Walking to the Oldies		
9:00 AM Hour	9-9:45 Parent/Tot Gymnastics Ages 1-3 9:45-10:30 Parent/Tot Gymnastics	9:30-10:15 Fit Kids Age 3-4	9:30-10:15 Preschool Gymnastics Ages 3-4	9:30 Open Gym	9:30-10:15 Fit Kids	9:15-10:00 Preschool Gymnastics Ages 3-4	
10:00 AM Hour	9:45-10:30 Parent/Tot Gymnastics 10:30 Open Gym	10:30-11:15 Fit Kids Ages 3-4	10:30 Open Gym	10:15 Open Gym	10:30 Open Gym	Open Gym	
11:00 AM Hour	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	
12:00 Hour	12:30-2:45 Home School	Open Gym	Open Gym	Open Gym	Open Gym	Youth Dodgeball Ages 7-11	Open Gym
1:00 PM Hour	Home School	Open Gym	Open Gym	Open Gym	Open Gym	Youth Dodgeball Ages 7-11	Open Gym
2:00 PM Hour	Home School	Open Gym	Open Gym	Open Gym	Open Gym	Birthday Parties	Open Gym
3:00 PM Hour	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Birthday Parties	Open Gym
4:00 PM Hour	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	4:30-6:30 Badminton Ages 13 & UP
5:00 PM Hour	5:00-6:00 Gymnastics Beginner Ages 4-6	5:30-6:45 Youth Co-Ed Basketball League Ages 5-8	5:15-6 T-Ball ages 5-7	5:30-6:30 Youth Co-Ed Soccer Developmental League Ages 5-6	Open Gym	Family Badminton 5:45-7:45	Badminton
6:00 PM Hour	Gymnastics Intermediate Ages 7-10 6:00-7:00	Youth Co-Ed Basketball League Ages 9-12 6:45-8:00	PUNK Rope Ages 6-11 6:15-7:00	Youth Co-Ed Soccer League Ages 7-9 6:45-8:00	6:30-7:45 Youth Dodgeball Ages 6-9	Family Badminton 5:45-7:45	
7:00 PM Hour	Open Gym		Open Gym		7:45-9:15 Youth Dodgeball Ages 10-12	Family Badminton	
8:00 PM Hour	Adult Basketball 8:00-9:50	Open8-8:30 Adult Soccer 8:30-9:50	8:00-9:50 Adult Floor Hockey	Older Adult Basketball 35 + 8:15-9:45			
9:00 PM Hour					Open Gym 9:15-10:00		

GYM B

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM Hour	Dr. Drill 5:30-6:30	Open Gym	Dr. Drill 5:30-6:30	Open Gym	Dr. Drill 5:30-6:30		
6:00 AM Hour	6:30 Open Gym	Open Gym	6:30 Open Gym	Open Gym	6:30 Open Gym		
7:00 AM Hour	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Older Adult Basketball 7:00-9:00	
8:00 AM Hour	Open Gym	8:30-9:15 Walking to the Oldies		8:30-9:15 Walking to the Oldies	8:30-9:15 Walking to the Oldies		
9:00 AM Hour	Open Gym	9:30-10:15 Open Gym	9:30-10:15 Have a Ball Ages 15 m-3 yrs	9:45-10:30 Girls Sports Ages 3-5	9:30-11:30 Hugs Fitness	9:15-10 Intro to Soccer	
10:00 AM Hour	10-10:45 Skills, Drills, Thrills Ages 4-5		10:30 Open Gym	10:30 Open Gym	Hugs Fitness	10:15-11 Intro to Floor Hockey	
11:00 AM Hour	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym At 11:30	Open Gym	
12:00 Hour	12:30-2:45 Home School	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym
1:00 PM Hour	Home School	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Birthday Parties 1:00-4:30
2:00 PM Hour	Home School	Open Gym	Open Gym	Open Gym	Open Gym	2:30-4:00 Youth Volleyball Ages. 7-11	
3:00 PM Hour	Open Gym	Hugs Daycare	Hugs Daycare	Hugs Daycare	Hugs Daycare	Youth Volleyball	
4:00 PM Hour	Teens	Teens	Teens	Teens	Teens	Open Gym	
5:00 PM Hour	5:30-6:15 Fit Kids Ages 3-4	5:30-6:45 Youth Basketball League Ages 5-8	5:30-6:15 Fit Kids Ages 3-4	5:30-6:30 Youth Co-Ed Soccer League Ages 5-6	Open Gym	Open Gym 5:45-7:45 Family Badminton	Badminton 4:30-6:30 Ages: 13 & UP
6:00 PM Hour	6:30 Open Gym	6:45-8:00 Youth Basketball League Ages 9-12	6:30-7:15 Special Needs Sports	6:45-8:00 Youth Co-Ed Soccer League Ages 7-9	6:30-7:45 Open Gym		Open Gym
7:00 PM Hour	Open Gym		Open 7:15-8		Open Gym		
8:00 PM Hour	Adult Basketball 8:00-9:50	Adult Soccer 8:30-9:50	Adult Floor Hockey 8:00-9:50	8:15-9:45 Older Adult Basketball 35 +	7:45-9:15 Open Gym		
9:00 PM Hour					9:15-9:50PM Open Gym		