

GYM A

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM Hour	Open Gym	Boot Camp 5:30-6:30	Open Gym	Boot Camp 5:30-6:30	Open Gym		
6:00 AM Hour	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		
7:00 AM Hour	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Older Adult Basketball 7:30-9:00	
8:00 AM Hour	Open Gym	Walking to the Oldies 8:15-9:00	Open Gym	Walking to the Oldies 8:15-9:00	Walking to the Oldies 8:15-9:00	Older Adult Basketball	
9:00 AM Hour	Parent/Tot Gym Class Ages 1-3 9:15-10:00	Fit Kids Ages 3-4 9:30-10:15	Preschool Gymnastics Ages 3-4 9:30-10:15	Open Gym until 9:30	Fit Kids Ages 3-4 9:30-10:15	Preschool Gymnastics Ages 3-4 9:15-10:00	
10:00 AM Hour	Parent/Tot Gym Class Ages 1-3 10:00-10:45	Fit Kids Ages 4-6 10:30-11:15	Pre-K Multi-Sport Ages 3-4 10:30-11:15	Girls Sports Ages 3-5 9:45-10:30	Kinder Multi-Sport Ages 4-6 10:30-11:15	Intro to Floor Hockey Ages 5-7 10:15-11:00	
11:00 AM Hour	Open Gym	Open Gym	Open Gym	Mommy & Me Boot Camp Ages 3-5 10:45-11:30	Open Gym	Dodgeball League Ages 10-14 11:00-12:40	15+ Dodgeball League Ages 15 & up 11:00-12:30
12:00 Hour	Homeschool Gym Ages 5 & up 12:15-2:45	Adult Floor Hockey 12:00-1:00	Adult Floor Hockey 12:00-1:00	Open Gym	Open Gym	Dodgeball League	Open Gym at 12:30
1:00 PM Hour	Homeschool Gym	Kinder Multi-Sport Ages 4-6 1:30-2:15	Open Gym	Fit Kids Ages 3-4 1:15-2:00	Open Gym	Birthday Parties 1:30-4:30	Birthday Parties 1:30-4:30
2:00 PM Hour	Homeschool Gym	Open Gym	Open Gym	Open Gym	Open Gym	Birthday Parties	Birthday Parties
3:00 PM Hour	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Birthday Parties	Birthday Parties
4:00 PM Hour	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Birthday Parties Open Gym at 4:30	Birthday Parties Open Gym at 4:30
5:00 PM Hour	Gymnastics Beginner Ages 4-5 5:00-6:00	Youth Co-Ed Basketball League Ages 5-7 5:30-6:30	Tee Ball Ages 5-7 5:15-6:00	Youth Co-Ed Soccer League Ages 5-7 5:30-6:30	Family Badminton 5-6:15	Open Gym	Badminton Ages 13 & UP 5:00-6:30
6:00 PM Hour	Gymnastics Intermediate Ages 6-7 6:00-7:00	Youth Co-Ed Basketball League Ages 8-11 6:45-8:00	Cheernastics Ages 7-11 6:10-6:55	Youth Co-Ed Soccer League Ages 8-10 6:45-8:00	Youth Dodgeball Ages 8-11 6:30-7:45	Family Badminton Ages 7+ 5:45-7:45	Badminton Open Gym at 6:30
7:00 PM Hour	Youth Multi-Sport Ages 10-14 7:00-8:00	Youth Co-Ed Basketball League	Middle School Open Gym Ages 11-14 7:00-8:00	Youth Co-Ed Soccer League	Youth Dodgeball Ages 10-14 7:45-9:15	Family Badminton	
8:00 PM Hour	Adult Basketball 8:00-9:50	Open Gym 8:00-8:30 Adult Soccer 8:30-9:50	Adult Floor Hockey 8:15-9:50	Older Adult Basketball 35+ 8:15-9:45	Youth Dodgeball		
9:00 PM Hour	Adult Basketball	Adult Soccer	Adult Floor Hockey	Older Adult Basketball 35+	Open Gym 9:15-10:00		

*The gym schedule may occasionally vary due to weather, local sports teams and special events. Please call ahead to confirm open gym time.

GYM B

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM Hour	Open Gym	Boot Camp 5:30-6:30	Open Gym	Boot Camp 5:30-6:30	Open Gym		
6:00 AM Hour	Open Gym until 6:45	Open Gym 6:30	Open Gym	Open Gym 6:30	Open Gym		
7:00 AM Hour	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Older Adult Basketball 7:30-9:30	
8:00 AM Hour	Open Gym	Walking to the Oldies 8:15-9:00	Open Gym	Walking to the Oldies 8:15-9:00	Walking to the Oldies 8:15-9:00	Older Adult Basketball	
9:00 AM Hour	Open Gym	Open Gym until 9:30	Have A Ball Ages 1.5-3 9:30-10:15	Open Gym	Open Gym	Youth Multi-Sport Ages 8-11 9:30-10:30	
10:00 AM Hour	Open Gym	Kids Boot Camp Ages 4-6 9:45-10:30	Read & Move 10:30-11:00	Open Gym	Open Gym	Open Gym at 10:30	
11:00 AM Hour	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Dodgeball League 11:00-12:40 Ages 10-14	
12:00 Hour	Homeschool Gym Ages 5 & up 12:15-2:45	Adult Floor Hockey 12:00-1:00	Adult Floor Hockey 12:00-1:00	Open Gym	Open Gym	Dodgeball League	Open Gym
1:00 PM Hour	Homeschool Gym	Music In Motion 1:15-2:00	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym
2:00 PM Hour	Homeschool Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym
3:00 PM Hour	Hugs Daycare	Hugs Daycare	Hugs Daycare	Hugs Daycare	Hugs Daycare	Open Gym	Open Gym
4:00 PM Hour	Afterschool Teens	Afterschool Teens	Afterschool Teens	Afterschool Teens	Afterschool Teens	Open Gym	Open Gym
5:00 PM Hour	Open Gym	Youth Co-Ed Basketball League Ages 5-7 5:30-6:30	Fit Kids Ages 3-4 5:30-6:15	Youth Co-Ed Soccer League Ages 5-7 5:30-6:30	Open Gym	Open Gym Family Badminton 5:45-7:45	Badminton Ages 13 & UP 5:00-6:30
6:00 PM Hour	Open Gym	Youth Co-Ed Basketball League Ages 8-11 6:45-8:00	Special Needs Sports Ages 6-12 6:30-7:15	Youth Co-Ed Soccer League Ages 8-11 6:45-8:00	Open Gym	Family Badminton	Badminton
7:00 PM Hour	Open Gym	Youth Co-Ed Basketball League	Open Gym at 7:20	Youth Co-Ed Soccer League	Open Gym	Family Badminton	
8:00 PM Hour	Adult Basketball 8:00-9:50	Open Gym 8:00-8:30 Adult Soccer 8:30-9:50	Adult Floor Hockey 8:15-9:50	Older Adult Basketball 35 + 8:15-9:45	Open Gym		
9:00 PM Hour	Adult Basketball	Adult Soccer	Adult Floor Hockey	Older Adult Basketball 35+	Open Gym		

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