


POOL

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am to 9 am	5-9 Open/Lap Interval Training 5:30-6:15	Open/Lap 5:00-9:00	Open/Lap 5:00-9:00 Interval Training 5:30-6:15	Open/Lap 5:00-9:00	5-9 Open/Lap 5:30-6:15 Interval Training	7:00 Open/Lap 8:15 Adult/Teen Lessons	
9 am	Hydrotrim 9:00-9:45 Synchronized	Hydrotrim 8:45-9:30 open/lap Preschool Lessons 9:30-10:30	Hydrotrim 9:00-9:45	Hydrotrim 8:45-9:30 open/lap Preschool Lessons 9:30-10:30	Hydrotrim 9:00-9:45	Youth Lessons Only	
10 am	Open/Lap Lessons 10-12:30	Wtr Walk 10:40-11:25 Dp Wtr W/O 10:40-11:25	Open/Lap 10:00-11:30 Preschool Lessons 10-11:30	Water Walk 10:40-11:25 Dp Wtr W/O 10:40-11:25	Open/Lap 10:00-11:30 Preschool Lessons 10-11:30	Lessons Only	
11 am	Open/Lap Lessons 10-12:30	Open/Lap 11:25	Open/Lap 11:30	Open/Lap 11:25	Open/Lap		
12 am	Open/Lap HOME SCHOOL 12-30-2-30	Open/Lap	Open/Limited Lap	Open/Lap	Open/Lap	Open/Lap Pvt Lessons	Open/Lap Pvt Lessons
1 pm	Open/Lap Home School	Pre-Arthritis Lap Only	Open Lap	Pre-Arthritis Lap Only	Open/Lap	Open/Lap Pvt Lessons	Open/Lap Pvt Lessons
2 pm	Open/Lap Home School	Open/Lap Preschool lessons	Open Lap	Open/Lap Preschool lessons	Open/Lap	Open/Lap Party #1	Open/Lap Party #1
3 pm	3:30-4:15 Water Walk 2 Lap lanes	Open/Lap Adapted Free Swim	3:30-4:15 Water walk 2 Lap lanes	Open/Lap	Open/Lap	Open/Lap Party #2	Open/Lap Party #2
4 pm	4:15-7:15 Open/Lap	Open/Lap Lessons	4:15-7:15 Open/Lap	Open/Lap Lessons	Open/Lap	Open/Lap	Open/Lap
5 pm	Open/Lap	Open/Lap/pvt.ray	Open/Lap	Open/Lap	Open/Lap/pvt.eel	Open/Lap	Open/Lap
6 pm	Open/Lap Lessons	6:15-7:00 Aqua Body Blast	Open/Lap Lessons	6:15-7:00 Aqua Body Blast	Open/Lap Baby Classes	Open/Lap	6:30 Pool Closed
7pm	7:15-8:00 Aqua Fusion Dp Wtr W/O	Open/Lap	7:15-8:00 Aqua Fusion Dp Wtr W/O	Open/Lap	Family Swim Lap 3rd Fri. No LAP	7:30 CLOSED	
8 pm	Open/Lap 8:15-:45	Open/Lap	Open/Lap 8:15-9:45 Tri Swim 8-9	Open/Lap SCUBA			
9 pm	Open/Lap 9:45 Pool Closed	Open/Lap 9:45 Pool Closed	Open/Lap 9:45 Pool Closed	Open/Lap 9:45 Pool Closed	Open/Lap 9:45 Pool Closed		
10 pm	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED		