



2010 Summer Pool Schedule - Deming Pool

Time	MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.	
5 am - 6 am	CLOSED							
6 am - 7 am	Closed							
7 am - 8 am	Closed							
8 am - 9 am	CLOSED	Deep Water (8:15 - 9)	CLOSED	Deep Water (8:15 - 9)	CLOSED	Adult Lesson (8:15 - 9)		
9 am - 10 am	Lessons (9:30 - 12)	Kickboxing 9 - 9:30	Lessons (9:30-12)	Teen/Adult Swim lessons 9-9:30	Lessons (9:30 - 12:00)	Youth Lessons 9-12		
10 am - 11 am	Arthritis 11:15-12	Lessons (9:30 - 11)	Arthritis 11:15-12	Lessons (9:30 - 11)	Arthritis 11:15-12:00			
11 am - 12 pm		Arthritis (11:15 - 12)		Arthritis (11:15 - 12)				
12 pm - 1 pm	Open 12 - 1	Open 12 - 1:45 Swim lessons 1:00-1:45	Open 12 - 1	Open 12- 1:45	Open 12 - 1	Adapted & Special Olympics	Pool parties	
1 pm - 2 pm	Deep Water (1 - 1:45)		Deep Water (1 - 1:45)		Deep Water (1 - 1:45)	Pool Parties 1-5		
2 pm - 3 pm	Camp 1:45 - 3							Lap/Open Swim
3 pm - 4 pm	CLOSED 3 - 4			Adaptive	CLOSED 3 - 4	CLOSED		
4 pm - 5 pm	Swim team (4:00-6:00)	Lessons (4:15 - 6:30)	Swim team (4:00-6:00)	Swim team (4:00-6:00)			Pool Closes at 6:30	
5 pm - 6 pm	Lessons (5:00 - 7)		Lessons	Lessons (4:15 - 6:30)		Rentals		
6 pm - 7 pm		Aqua Aerobics & Deep Water (6:30 - 7:15)		Aqua Aerobics & Deep Water (6:30 - 7:15)				
7 pm - 8 pm	Aqua Aerobics & Deep Water (7:15 - 8)		Aqua Aerobics & Deep Water (7:15 - 8)	Pre-Natal 7:15-8:00	Scuba			
8 pm - 9 pm	CLOSED		CLOSED					
9 pm - 10 pm					CLOSED			

Martin Pool Lap/Open Swimming

(Effective June 21, 2010)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 am - 8:45 am	5:00 am - 9:45 am+	5:00 am - 8:45 am	5:00 am - 9:45 am+	5:00 am - 8:45 am	7:00 am - 9:00 am	
9:30 am - 12:45 pm	10:30 am - 12:45 pm	9:30 am - 12:45 pm+	10:30 am - 12:45 pm	9:30 am - 12:45 pm	12:00 pm - 7:30 pm	12:00 pm - 6:30 pm
3:00pm - 10:00 pm	3:00pm- 10:00pm	3:00pm- 10:00pm	3:00pm- 10:00pm	3:00 pm - 9:45 pm		

- + Kindergarten swim lessons Mon-Wed 9:45-10:30am in open swim
- Kindergarten open swim Tues-Thurs-Fri 9:45-10:30am in open swim

Deming Pool Open (No Lap) Swimming

(Effective June 21, 2010)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12:00 pm - 1:00 pm	12:00 pm - 1:45 pm *	12:00 pm - 1:00 pm	12:00 pm - 1:45 pm	12:00 pm - 1:00 pm		4:00 pm - 6:30 pm

- * Tuesdays: Group child swim lessons 1-1:45pm

Guards and supervisors will be on deck to assist with lap lanes and/or open swim questions