



2012 Winter Pool Schedule- Deming

Time	MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.	
5 am - 6 am	Closed							
6 am - 7 am	Closed							
7 am - 8 am	Closed							
8 am - 9 am	CLOSED	Deep Water 8:15 - 9	CLOSED	Deep Water 8:15 - 9	CLOSED	Adult Lesson 8:15 - 9		
9 am - 10 am	Lessons 9:30 - 11:15	Private Swim Lessons 9-9:30	YMCA Pre-school Kinder Swim Lessons 9:30-12	Adult Group Swim Lessons 9-9:30	Lessons 9:30 - 11	Progressive Youth Lessons 9 - 12		
10 am - 11 am	Arthritis 11:15-1200	Lessons 9:30 - 11		Lessons 9:30 - 11			Arthritis 11:15-12	
11 am - 12 pm		Arthritis 11- 12		Arthritis 11 - 12				
12 pm - 1 pm	Open 12 - 1	Open - Deep 12 - 2:00	Open 12 - 1	Open- Deep 12- 2:00	Open 12 - 1	Adapted & Special Olympics	Pool Parties	
1 pm - 2 pm	Deep Water 1 - 1:45	Volleyball 12:30-2	Deep Water 1 - 1:45	Volleyball 12:30-2	Deep Water 1 - 1:45	Variety Club Swim Team 12:30-2:30		
2 pm - 3 pm	CLOSED		YMCA Pre-school Kinder Swim Lessons 1:45 - 3:15	CLOSED		Water Polo 3-4	Lap/Open Swim	
3 pm - 4 pm	CLOSED			CLOSED				
4 pm - 5 pm	Stroke/Turn 4:30-5:30	Lessons 4:15 - 6:30 Inia/Perch 6-6:30	Stroke/Turn 4:30-5:30	Lessons 4:15 - 6:30		Pool Parties 4-6	Pool Closes at 6:30	
5 pm - 6 pm	Lessons 5:00 - 7 Adapted Aerobics 6:30-7		Lessons 5-6:30 Adult/teen Group Lessons 6:30-7:15					
6 pm - 7 pm	Aqua Aerobics & Deep Water 7:15 - 8	Aqua Aerobics & Deep Water 6:30 - 7:15	Aqua Aerobics & Deep Water 7:15 - 8	Aqua Aerobics & Deep Water 6:30 - 7:15	Shrimp/Kippers Inia/Perch 6-7			
7 pm - 8 pm		Closed		Pre-Natal 7:15-8:00	Scuba			
8 pm - 9 pm	CLOSED		Water Polo 8-9		CLOSED			
9 pm - 10 pm								

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