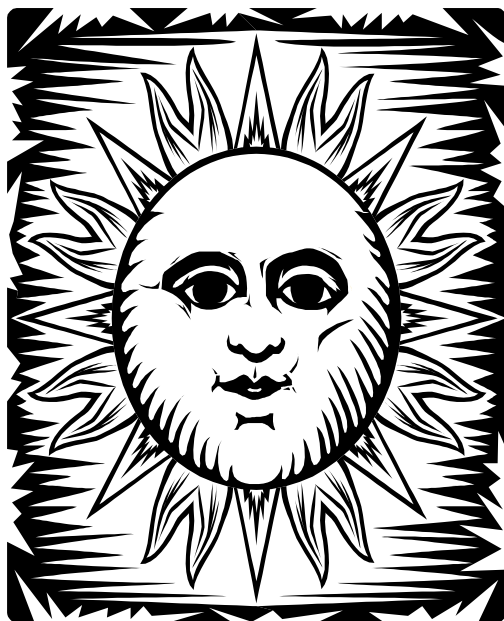


# SUNSATATION CAMP PARENT HANDBOOK



**INDIAN VALLEY FAMILY YMCA**

**890 Maple Ave**

**Harleysville PA 19438**

**215-723-3569 or 215-723-0574**

# 1 | Welcome

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The Indian Valley Family YMCA welcomes you to our 2009 Summer Camp Program. Our commitment to building strong kids, strong families, and strong communities is more than just a slogan; it is a powerful affirmation that YMCA volunteers, members, donors, and staff join together to create a better tomorrow within our YMCA and our outreach sites.

Our summer camp program will truly make your child's summer a fun and memorable one. This year the YMCA is offering a range of programs. We will have our full day camps offered in 5 locations, plus a half day sports camp that offers a variety of activities. Our Harleysville Branch Camp is located at 311 Alumni Ave. in Harleysville, PA and is for grades Kindergarten through second. Our Scout Cabin Camp is located at the Harleysville Community Center just off of Park Ave, across from Lower Salford Elementary School, and is for grades three through five. Our Souderton Camp is located on Wile Ave in Souderton, PA, directly across from the Souderton Pool, and is for grades one thorough five. This camp does offer alternative placement for those going into 6th grade as of Sept. 2009, who might feel a little overwhelmed going into the IV Teen Camp. The IV Teen Camp held at the Indian Valley Family YMCA serves sixth through ninth grades. The IV Teen Camp offers a variety of activities for the older camper within an environment that fosters leadership, responsibility, respect, and caring. For the Perkiomen Valley, we provide a camp location at the Skippack Elementary School located on Heckler Rd in Collegetown, PA. At this camp location, there are two camps for two age groups: the first is for kindergarten to fifth graders, the second is a Skippack Teen Camp for sixth to ninth graders.

Sincerely,

Nancie DeCoursey  
Youth & Teen Director

Pam Jackson  
Associate Executive

## 2 | Mission Statement

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**Our mission is to make the community we serve a better place to live. Through our programs and activities, we strive to enrich and strengthen families; provide wholesome supervised recreation; offer positive learning, leadership, and character development opportunities; and promote wellness for all people regardless of ability to pay.**



**YMCA**

**We build strong kids, strong families,  
strong communities.**

# 3 | General Information

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## Camper Eligibility

The Indian Valley Family YMCA Summer Camp program is available for all campers that are going into Kindergarten-9th grade beginning September 2009. If a child is beginning Kindergarten in Sept. 09, they must be at least age 5, and all children MUST be potty trained and out of Pull-Ups and diapers. Our facilities are not equipped or state mandated for changing Pull-ups or diapers. This is a health and safety issue for all of our sites and campers. If a child is found coming to camp in diapers, parents will be called to immediately pick up the camper and it will be recommended that a care facility who does have the capabilities to change diapers be found for the camper in question.

## Safety

Our first priority is your child's safety. The YMCA follows strict safety standards. All sites have staff who are certified in First Aid and CPR. Staff references and backgrounds are thoroughly checked. Each camp site has a cell phone for emergency purposes.

## Lunch and Snacks

Campers must bring their own lunch each day. We provide one snack daily & water at each site. Campers will be active, so send enough food and drink to keep them energized all day. We ask that all campers bring a water bottle with their name clearly marked upon it in permanent marker. Please send brown bag lunches only, **no lunch boxes or coolers!** We have found that these become misplaced or lost very easily. **Please do not send anything in glass bottles or any microwavable meals!**

## Clothing

Campers should wear comfortable, loose clothing. Please wear athletic shoes, not sandals or slip-ons. Flip-flops may be sent to be worn at the pool. Even though it gets warm during the day, a light jacket or sweatshirt is recommended in the morning hours. **Please label everything you send to camp with your child's initials!**

**Please note all information, policies, and procedures have been made to protect your child. Our staff have been trained on these subjects and understand their responsibilities and the consequences for failure in observing these policies. Thank you!**

# 4 | General Information

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## What To Bring to Day Camp

1. Sizable bagged lunch with beverages
2. Backpack for lunch, clothing, and projects
3. Towel and swimsuit with plastic bag for wet items
4. Flip-Flops, or Water shoes for pool time
5. Sunscreen with child's name marked clearly on bottle
6. Water bottle with child's name marked clearly on bottle
7. Sneakers
8. Raincoat/Umbrella when necessary
9. Snack Money if pool has snack bar: **ALL MONEY IS CAMPER'S RESPONSIBILITY and should be kept in containers clearly marked with child's name.**

## What Campers Should NOT Bring to Camp

1. Valuables
2. Expensive clothing or jewelry
3. Trading Cards of any kind
4. Electronics of any kind

**WE CANNOT BE RESPONSIBLE FOR ITEMS LOST OR STOLEN.  
PLEASE DO NOT SEND THE ABOVE ITEMS WITH YOUR  
CHILD!! THANK YOU!**

## Typical Camp Day

7:00-9:00 AM	Camp Sign In and free play activities
9:00-9:30 AM	Attendance, announcements, circle/group time
9:30-10:15 AM	Group Games
10:15-11:00 AM	Arts & Crafts
11:00-11:45 AM	Small Group Activities
11:45-1:00 PM	Lunch and "down time"
1:00-3:00 PM	Swimming
3:00-4:00 PM	Group Activities, snack
4:00-6:00 PM	Sign Out, free play activities

# 5 | Camp Procedures & Policies

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## Day Camp Hours:

Camp is held Monday -Friday every week.

Full Day Camp: 9:00 a.m. - 4:00 p.m.

Extended Day Camp: 7:00 a.m.- 6:00 pm.

Extended hours are from 7-9 a.m. and/or 4-6 p.m. During these extended hours, all campers will be engaged in free time activities or games.

## Inclement Weather Policy

In the event of an electrical storm, camper will be immediately taken to the nearest indoor facility. Outdoor field trips may be cancelled due to inclement weather. There will be no other trip scheduled to replace the cancelled trip; however, other activities will be pre-planned and implemented for the children's enjoyment.

In the event of a rainy day, camp is STILL OPERATIONAL. Some activities may be modified to be inside the camp buildings. As much as safety allows, we will continue activities outside. Please send rain gear and dress in clothes that can get muddy. NO activities will take place outside during severe weather or thunderstorms.

## Emergency Procedures

There will be a First Aid and CPR certified staff member at each camp site at all times. In the event of an emergency that requires medical attention, 911 will be contacted and the camper will be taken to the nearest medical facility. A staff member will accompany the child until the parent/guardian arrives. The parent or guardian will be notified immediately. In the event of a natural disaster, campers will continue to be in the care of the YMCA until arrangements can be made to safely return children to their parent/guardians.

## Camp Sign-In/Out Policy

The YMCA has very specific procedures for the placement and release of campers in our care. These procedures must be followed without exception.

**A parent/guardian signature is required to sign in and sign out a camper. Campers may not sign themselves in or out, or enter/leave the camp location without a parent/guardian signature.**

Camp leaders will have sign in/out sheets every day. Campers can only be signed out by the parent/guardian or a person identified on the Emergency Contact Sheet. **Please be informed that all parents/individuals on the Emergency Contact Sheet will be required to show a picture ID at the time of pick up.**

# 6 | Camp Procedures & Policies

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A camper will not be released to anyone unable to produce proper identification. Please be sure to sign your camper in or out no matter what time of day he or she is dropped off or picked up. This allows us to have accurate records of each camper's location at all times.

## Discipline Policy

**Discipline at the YMCA will focus on a positive approach. Reinforcement of desirable behavior will encourage campers to conduct themselves in a positive manner. Privileges or opportunities will be available to all campers who meet reasonable expectations for their age groups. Children will not be subjected to physical or psychological abuse while in the YMCA care. They will not be hit or shaken by staff. They will not be verbally insulted, belittled, or made the target of derogatory remarks by staff or other children. Children may be asked to sit out of an activity if their behavior warrants it. The time out period will be appropriate for the age level of the child.**

**Children may be restrained by being held if their behavior poses a safety threat to themselves or others. If a child needs to be restrained or refuses to follow the rules of summer camp, a behavioral report will be completed by the staff in charge. The Camp Director and the child's parents must be notified within 24 hours of the incident. A parent/guardian will be asked to read, review, and sign the report. The original report will be filed in the child's file and a copy will be given to the parent/guardian of the camper.**

**All children in attendance will be supervised at all times. It is reasonable to expect children to follow basic rules of safety, courtesy, and fair play. If, however, a child has difficulty meeting these expectations on a regular basis, a conference will be scheduled to decide what action is needed to remedy the situation. A child who is a continual discipline problem may be subject to suspension and/or immediate withdrawal from camp.**

## Lost & Found

The YMCA is not responsible for any items lost or stolen. At the end of the day, articles of clothing remaining at the camp are placed in the camp lost and found. All items remaining after 30 days will be donated. It is suggested that everything be labeled with your child's initials.

# 7 | Camp Procedures & Policies

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## **Emergency Contact Information**

Complete emergency information including emergency contact persons is required prior to the start of camp. If there are changes to this information, it is the parent's responsibility to update this as needed. Please inform the emergency contact person of their responsibility, and notify them of the camp procedures and trip information, should you not be able to be reached. This information is kept on file at the site of the camp. **Note: If you check YES there are Court Orders for Custody on your emergency form, parent/guardian MUST give copy of those certified court orders with the child's camp registration forms!**

## **Custody Papers**

It is important that a parent/guardian provide the Day Camp with certified copies of Court Orders for Custody of children enrolled in our camp programs. We cannot legally deny a parent/guardian access to a child unless we have been notified that the parent or guardian's custodial rights have been limited or revoked. The only legally acceptable notification is the certified copy of the Court Order. If an unauthorized person arrives to pick up a child, the staff will contact the custodial parent/guardian.

## **Reporting Suspected Child Abuse or Neglect**

The YMCA staff is mandated by state law to report all suspected child abuse and neglect to the appropriate authorities. Any staff member who fails to report any suspicions may be subject to criminal prosecution. Staff is prohibited from conducting their own investigation of suspected child abuse or neglect and may not always notify you of their suspicions. Staff receives regular training regarding the signs and symptoms of abuse and neglect. If you have questions regarding the reporting of suspected child abuse and neglect, you should contact the Camp Director or Indian Valley Family YMCA Associate Executive.

## **Child Care for Families Outside the YMCA**

In order to provide a safe, secure and caring environment for our members, volunteers, and staff members, the following conduct is expected from all YMCA employees and volunteers:

- Refrain from meeting any child registered in a YMCA program outside the YMCA for the purpose of babysitting, sleepovers, and other social functions without prior approval from the YMCA Executive Director
- Refrain from being alone with a YMCA less than 18 yrs of age without another adult staff or volunteer present

# 8 | Camp Procedures & Policies

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## **Transportation Procedures**

When the camp is transporting campers, the child's safety is of utmost importance. Campers will be informed of rules and guidelines to follow. During that time the children are under the supervision of the Camp Director, staff, and the transportation authority. Should there be any kind of incident the parents will be notified immediately.

## **Bus and Van Safety Rules**

Failure to follow these bus/van rules will result first in a verbal warning, second an assigned seat, third a written warning. Receiving three warnings could result in loss of bus/van privilege.

1. Campers must remain seated while the bus or van is in motion or until the bus or van has come to a complete stop.
2. Quiet inside voices must be used.
3. Hands must be kept off other campers' bodies. Hurting other campers by such actions as punching, pushing, kicking, fighting, etc will not be tolerated.
4. Eating, drinking, and or gum chewing is not permitted on the bus/van.
5. Trash must be discarded in proper receptacles.
6. Campers must obey the bus/van driver's directions.
7. Seatbelts must be worn in the van.
8. Camp staff may not transport campers in their personal vehicles.

## **Health & Illness Attendance Policy**

If your child is not going to attend camp, it is very important that you either call the camp's phone or the YMCA at 215-723-0574 or 215-723-3569 between the hours of 7 a.m. and 9 a.m. This ensures your child's safety, as well as eliminating the possibility of missing the bus for the field trip days.

If your child becomes ill at the YMCA, he/she will be kept comfortable until the parent arrives. However, if the child is too ill to remain at the camp for an extended period of time, a parent will be notified to come and pick up the child immediately. When a parent can not be reached, the emergency contact person will be called. The child must remain free of symptoms, fever, nausea and vomiting, rashes, diarrhea, severe congestion, infections, etc for 24 hours before he/she can be readmitted to the program. Children with signs of communicable or contagious disease will be readmitted only with a signed note from a physician stating they are no longer

# 9 Camp Procedures & Policies

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## Illness Policy

Is my child too sick to be in camp? Illness guidelines established by the YMAC will help you decide whether or not to send your child to camp. He/she should not be sent to camp and will be sent home if any of the following conditions are apparent:

1. Temperature of 100 degrees or more (excluding immunization reaction)
2. Conjunctivitis or Pink Eye. The eye is usually red and itchy with sticky yellow drainage. Your child must have a physician's written recommendation or be on medication for 24 hours before returning.
3. Contagious diseases including Measles, Chicken Pox, Mumps, Roseola, Hand-Foot-and-Mouth, and the Fifth Disease. Parents will notify the Day Camp Director if their child contracts a communicable disease as soon as diagnosed. When a serious communicable disease occurs, the director will notify parents of the guidelines by which the child will be re-admitted to the facility.
4. Severe cold symptoms, excessive drainage and/or coughing.
5. Rashes that cannot be identified and have not been diagnosed by a physician.
6. Throat infections: child may return to care after 24 hours on an antibiotic
7. Excessive vomiting and/or diarrhea
8. Impetigo or ringworm until treated for 24 hours
9. Pain reported in stomach or head

## Injury and Accident Procedures

In the case of minor injury, staff certified in first aid procedures will administer first aid and the parent will be contacted. The staff person on site will fill out an accident report at the time of the accident/incident.

In the event of an emergency, 911 and the parents will be called. In case the parents or designated person cannot be reached the Day Camp Director will have the authority to call for emergency transportation to a hospital. A staff person will accompany the child to the hospital and stay until the parent/guardian arrives.

It is necessary that you keep the YMCA up to date on telephone numbers, emergency numbers, and other pertinent information.

## Heat Exhaustion

In an effort to keep our camper and counselors safe from dehydration and heat exhaustion, water is readily available for our campers and staff

***\*\*Please bring a water bottle with camper's name on it EVERY DAY!\*\****

# 10 | Camp Procedures & Policies

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## Medications

Camp staff may not dispense medication of any type, including over the counter medications, without a physician's current written instructions and written consent from the child's parent/guardians. All medications must be kept in their original child resistant containers labeled with the original prescription label, and should be handed to camp staff on duty. For the over the counter medications, parents/guardians will provide the medication in a child-resistant container. The medication will be labeled with the child's name, specific instructions for administration and storage, and the name of the health care provider who recommended the medication. Staff will have the parent/guardian complete the daily medicine log giving them permission to administer the medication to your child. Medication will not be used beyond the date of expiration on the container or beyond the expiration of instructions provided by the physician.

All children who must take medication **MUST** have a medication consent form completed, signed and turn into camp staff along with the child's medication before medication will be dispensed. **If your child has an EPI-PEN, please be certain to fill out this form their 1st week of camp.**

## Sunscreen Policy

Application of sunscreen is an important part of protection your child from the harmful rays of the sun. YMCA day camp participants spend a great deal of time in the outdoors and are therefore exposed to the sun's harmful rays. Since it is our commitment to promote healthy spirits, minds, and bodies, we have made the following policies in this regard:

- All campers and staff will wear sunscreen with an SPF of at least 15 on all exposed skin, including lips. This is daily even on cloudy days.
- Parents/guardians will be responsible for applying the first layer of sunscreen prior to morning drop off
- Parents/guardians will be responsible for providing their camper with enough sunscreen (in original container) to take with them for later day applications.
- Day camp staff will be responsible for ensuring thorough follow up applications after 1 hour in the water, after 2 hrs of activity in sun (due to perspiration), and/or any other time as needed. Please note, this will mean some of the young campers (k-2) may have day camp staff assist them in reapplying to face and arms. Camp staff will not assist campers in applying to any other areas of the body for overall safety.
- For campers who have fair skin, freckles, or numerous moles; have blond, red, or light brown hair; have blue, green, or gray eyes; tend to burn easily or tan little or not at all, and have a family history of skin cancer, we recommend an extra t-shirt be brought to wear in the water for extra protection.

# 11 | Swim Schedules & Rules

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The following is a breakdown of each campsite's swimming location, days, and times.

Scout Cabin:	Harleysville Community Pool	
	Mon , Wed. and Friday	1:00-3:00 p.m.
Branch Camp:	Indian Valley Family YMCA	
	Mon , Wed, and Friday	1:00-2:30 p.m.
Skippack K-9 Camps:	Barn At Birchwood	
	Mon, Wed, and Friday	11:00 a.m. - 1:00 p.m.
Souderton Camp &:	Souderton Community Pool	
IV Teen Camp	Mon, Wed, and Friday	
		1:00-3:00 p.m.

## Swimming & Pool Rules

Swim days and availability will vary with the camp program. When using public pools and water parks, all campers must follow addition rules posted by facility.

### YMCA Pool Rules for All Camps at All Pools

1. Running on deck, pushing, horse play, flips, and jumping in backwards is not permitted for the campers' safety.
2. Glass containers, food, gum, and beverages are not permitted in pool area.
3. Bathing suits must be appropriate, all children must have a swim suit. Many public pools do not allow children to swim in street clothing. Please see our Bathing suit policy for more information on page 18.
4. Shower before entering the pool.
5. Hanging on ladders, staff, or other campers and recreational floatation devices are not allowed. **Water Wings and Life Vest are OK to send with camper.**
6. All campers will be asked to take a deep water swim test in order to progress from the shallow swimming areas to deep water areas. If a child declines to take the test or does not pass, they will be asked to swim only in shallow swimming areas. All those who passes the deep water test will receive a tag/bracelet as a daily visual guide to pool staff that these campers are allowed in deep water areas.

# 12 | Field Trip Information

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Session 1 & 12:	No Field Trip These Sessions	
Session 2:	Mauch Chunk Lake	
Session 3:	Dorney Park	
Session 4:	K-5 Mauch Chunk Lake	Teens: Ride the Ducks
Session 5:	Upper Schuylkill Valley Park	
Session 6:	Ringing Rock Roller Rink	
Session 7:	K-5 Mauch Chunk Lake	Teens: PA Ren. Faire
Session 8:	K-5 Kidz Rule	Teens: Garden Golf
Session 9:	Movie Matinee	
Session 10:	Elmwood Zoo	
Session 11:	Mauch Chunk Lake	

## **Trip Information**

Our summer day camp trips are scheduled for Thursdays. Departure and Return times vary for each trip so please review the Parent Information Board at each site for updates for each weekly trip. Campers must wear their camp shirts on trip days!

The following items must be taken on all trips:

Brown Bag Lunch with name clearly marked (NO LUNCH BOXES)

Towel, dry clothes, flip flops, sunscreen on water trips

Comfortable shoes, sunscreen applied on Walking trips

Spending Money if allowed by parent (All money is Child's Responsibility!!!)

Water bottle with name clearly marked ( NO GLASS)

Camp t-shirt

### Deposits

A \$25.00 non-refundable deposit is due at the time of registration for each camp session your child is registered. Deposits will be credited toward the camp session fee.

### Transfers:

If at anytime you wish to transfer your camper from one session to another, there will be a \$10 transfer fee owed.

### Balances

- Balances are due seven days prior to the camp session start date (Balance Due Date)
- Balances less deposits are refundable up to payment in full date.
- There are no refunds after the Balance Due Date
- **Any payment not received by Balance Due Date will be subject to the following delinquency procedure:**
  1. **A \$30 late payment fee will be assessed to all past due accounts.**
  2. **All delinquent accounts will be contacted within 2 business days past the payment in full date**
  3. **Payment in full must be received for delinquent session and next registered session by Friday of current session.**
  4. **If payment is not received by Friday, a dismissal notice will be issued and the camper will be ineligible to attend camp until paid in full.**

### Late Fee/Extended Hours

If your child is dropped off or picked up any time other than the times that are indicated on your registration form, you will be charged \$12.00 per 15 minutes. Please do not drop off or pick up your child outside the hours your child is registered for. **For any field trips that go past the Full Day Hours of 9 a.m. to 4 p.m., there is NO extra fee for these extended hours.**

### Financial Assistance

The YMCA strives to serve everyone in our community, regardless of their individual economic circumstances. Camp financial assistance applications are available at the YMCA Membership Office and must be submitted by May 22, 2009 for approval and admittance into the 2009 Summer Camp Sessions.

Financial Assistance is made possible through the generous support of contributors to the North Penn YMCA Annual Gifts Campaign & North Penn United Way.

## 2009 Day Camp/Sports and Enrichment Payment Schedule

Session	Session Dates	Balance Due Dates
1. Spies Like Us	June 16-19	Monday, June 8, 2009
2. Character Counts!	June 22-26	Monday, June 15, 2009
3. Holiday Happenings	June 29-July 3	Monday, June 22, 2009
4. Time Travelers	July 6-10	Monday, June 29, 2009
5. Go Green!	July 13-17	Monday, July 6, 2009
6. Slimy, Grimy Stuff	July 20-24	Monday, July 13, 2009
7. Castles, Kings & Queens	July 27-31	Monday, July 20, 2009
8. Under the Sea	Aug 3-7	Monday, July 27, 2009
9. Harry Potter Week	Aug 10-14	Monday, August 3, 2009
10. Game Craze	Aug 17-21	Monday August 10, 2009
11. Olympic Week	Aug 24-28	Monday August 17, 2009
12. Out of the Hat	Aug. 21-Sept 4	Monday, August 24, 2009

### Cancelation/Credit Policy

Written notice to the Day Camp Director is required to cancel camp. Camp cancellations received prior to June 1, 2009 will be issued a refund less the deposit. After June 1st refunds will be issued in the form of a credit toward the North Penn YMCA, Indian Valley Branch programs. No credit or refund will be granted for cancellations less than 7 days prior to camp session.

**Session 1 – (June 16 – 19) Spies Like Us**

**All SASD Camp Sites Open on June 16, 2009. SUBJECT TO CHANGE due to any school calendar changes due to inclement weather.**

For our first week of camp, we'll become detectives as we search for all the clues that will help us have a great camp experience this summer. Find out more about fellow campers through games and activities designed to help us get to know each other better.

**Session 2 – (June 22-26) Character Counts!**

**All PVSD Camp Sites Open on June 22, 2009**

Character Counts! this week as we explore the foundations of caring, honesty, respect and responsibility. Wear a color shirt each day to reflect the character trait. We'll make cards for shut-ins, play team games, work together to make a camp mural, and commit ourselves to helping out at home with coupon books. Our field trip this week will be a relaxing trip to Mauch Chunk Lake in Jim Thorpe, PA.

**Session 3- (June 29 – July 3) Holiday Happenings!**

Did you ever wish the holidays could last all year? Well, here's your chance to revisit Christmas, Hanukkah, New Years and Halloween, as well as celebrating the July 4<sup>th</sup> holiday. We will visit a different holiday each day this week, and will round out the week with a trip to Dorney Park.

**Session 4 – (July 6 – 10) Time Travelers**

Go back in time with us this week as we reconnect with old fashioned games and activities. Jump ropes, hula hoops, and tie dye will take us back to the "good old days" our parents knew. Our K-5 camps will return to Mauch Chunk Lake this week for a day at the beach while our Teen camps tour historical Philadelphia on a Ride The Ducks Tour!

**Session 5 – (July 13 – 17) Go Green!**

Week 5 will focus on keeping green by reducing, reusing, and recycling. We will make crafts from recycled materials, play a group hangman game with "green words", and clean up our camp sites. We will take a trip this week to the Upper Schuylkill Valley Park to explore our great green land.

**Session 6 – (July 20 – 24) Slimy, Grimy Stuff**

Get ready for a week of sticky, icky fun as we make gak, get stuff to explode, and make sand castles. It's guaranteed to be a down and dirty week at camp. We will be roller skating at Ringing Rock Roller Rink, so get those skating feet ready!

**Session 7 – (July 27-31) Castles, Kings, & Queens**

Hear ye, hear Ye! King Arthur invites you to join us this week for an exploration of medieval times. We'll make sundials and castles, and crown a king and queen for a day. K – 5 campers will take a trip to Mauch Chunk Lake, while our **Teens will take a trip to the PA Renaissance Faire.**

**Session 8 – (August 3-7) Under the Sea**

Dive right in this week as we do sea crafts, fun games, and more. From sand painting to water games, we'll have a great time! Our K-5 camps will be able to enjoy an afternoon at Kidz Rule in Hatfield, PA while our Teen Camps go to Garden Golf.

**Session 9 – (August 10-14) Harry Potter Week!**

**All PVSD Camps will end on August 14, 2009. All children may be registered at another camp site for remainder of summer.**

Harry Potter and the fun of summer make this week a great one at camp. We'll experience the sorting hat, make wizard hats of our own, play some Harry Potter bingo, and take a trip to the movies.

**Session 10 – (August 17-21) Game Craze**

This week's focus will be on games and activities that help develop sportsmanship while having fun and learning to be a team player. We will play familiar board games as a team effort, play team games and relays, and design a game ourselves. We will visit the Elmwood Park Zoo.

**Session 11 – (August 24-28) Olympic Week**

**The Branch, S. Cabin, and IV Teen Camps will end on 8/28/09. All children may register at Souderton Camp site for Session 12**

We will continue our game playing this week, but with an emphasis on team sports. Each camp site will be divided into two teams. We'll play team sports, have a trivia contest, and play water games, all while earning points for our team. We'll visit Mauch Chunk Lake again, and on Friday each site will have an awards ceremony with gold and silver medals.

**Session 12— (Aug. 31-Sept 4) Out of the Hat**

Our final week of camp will be a chance for campers to revisit favorite activities from the summer. The most popular activities will be put in the hat, to be voted on for this week.



# General Camp RULES



1. Respect One Another - have a respectful attitude when playing, working, speaking with others. Listen while other speaks, treat others as you wish to be treated.
2. Be honest with yourself and to others at all times.
3. Take responsibility for your actions and choices. Think before speaking and doing, be sure actions and words will do no harm. Actions and choices do have consequences and may result in an automatic blue slip if behavior is inappropriate, harmful, dishonest, or disrespectful.
4. Any foul language, inappropriate names, gestures, or actions will result in automatic blue slip.
5. If a camper receives 3 blue slips, the director will contact the family to set up a consultation meeting. A consequence may be suspension or termination from the IV YMCA summer camp program.
6. On trips and at pool, we ask for safety in numbers and will apply the buddy system to all campers.
7. When at pool and on water trips, we ask all campers to refrain from dunking, throwing, inappropriate splashing in the water.
8. Sunscreen **MUST BE APPLIED & REAPPLIED** when going outside, to pool, and on field trips. Young campers will be aided by staff in applying sunscreen if requested by parent.
9. Snacks and drinks are provided by IV YMCA camp program, no camper may use the vending machines at the YMCA.
10. \$5 snack bar money limit per child during our daily pool times. On field trips, parents may give spending money (in amount parent determines) for gift shops. ALL money is child's responsibility.
11. All campers **MUST** bring to camp these items marked clearly with their name:
  - \* water bottle, sun screen, swim gear, towel, and change of clothing.

Please speak with your site director or contact  
Camp Administration  
Thank you for helping us keep our campers safe.





## CAMPER Dress Code Reminder



Summer is here, and with it comes warmer weather. Warmer weather equals cool and comfy clothes, however, we ask all parents and campers to please remember which clothes are more appropriate to wear in a camp setting. So, when picking out your wardrobe in the morning, keep the following items in mind:

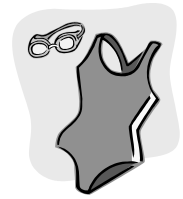
1. One piece bathing suits ,Tank-kini's , and swim trunks are the only permitted bathing suit styles.
2. All shirts must have sleeves, or at least 1 inch thick shoulder straps. We advise no spaghetti straps due to sun exposure and shirt sleeves are better protection.
3. Please refrain from wearing low cut tops or having bare midriffs due to sun exposure.
4. All T-shirts with slogans, pictures, or sayings should be appropriate, with no profanity or inappropriate slogans.
5. Remember to wear comfortable foot wear, sneakers are best, sandals that remain strapped firmly onto the foot are alright. However, campers are outdoors a lot and wearing sandals may result in stepping on harmful objects.
6. Flip Flops and water shoes are ok at the pool, lake, or water park only.
7. When you wear shorts, we encourage short length to be fingertip length.

If you have any questions concerning this dress code, please contact  
Camp Administration at 215-723-3569.

Thank you for your cooperation & understanding in this matter.

It is greatly appreciated.





Summer is here, and with it comes warmer weather. In order to keep our campers safe the IV YMCA Youth & Teen Department is asking for your help.

We would like to request that all campers please wear only the following types of bathing suit:

GIRLS: Tank-kini or One Piece

BOYS: Swim Trunks

All campers will change into swim gear before boarding the bus to pool and after returning to the Y from the pool.

If you have any questions concerning this dress code, please contact Camp Administration at 215-723-3569. Thank you for your cooperation and understanding in this safety issue.



## Personal Electronic Policy



In summer time, many of our campers ask this question the most:

"Can we have electronics in camp?"

The Indian Valley Family YMCA Summer Camp Electronic Policy is as follows:

During the camp day, no electronic devices are allowed, this includes Ipods, cellphones, personal gaming devices, cd players, etc.

Thank you for your help in this matter. In order to ensure personal belongings brought to camp are not damaged, stolen, or misplaced, this policy ensures that campers are not sent to camp with electronics.

Please contact Camp Administration if you have any questions at 215-723-3569.



# Contact Information

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## Camp Admin Office Hours

8 AM– 6 PM      MONDAY-FRIDAY

## Camp Site Phone Numbers

IV YMCA:	215-723-3569
Camp Hotline:	215-723-0574
Branch Camp:	215-256-0767 or 215-460-5534
Scout Cabin Camp:	484-636-6107
Skippack Camps:	610-322-8302 or 610-831-0995
Souderton Camp:	484-636-4812
IV Teen Camp:	215-723-3569 or 215-264-8843

Pam Jackson	Associate Executive
Nancie DeCoursey:	Camp Director
Marsha Miller:	Sport Camp Director
Janet Raslowsky:	Youth & Enrichment Coord.

### Mailing Address:

Indian Valley Family YMCA    c/o Summer Camp  
890 Maple Ave    Harleysville, PA 19438



