

**North Penn YMCA, Lansdale Branch  
Gym Schedule Spring I Session March 2 - April 26, 2009**

	A Side	B Side	A Side	B Side	A Side	B Side	A Side	B Side	A Side	B Side	A Side	B Side	A Side	B Side				
	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday					
5:00 AM	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		YMCA Open at 7:00		YMCA open at 12:00					
5:30 AM	Boot Camp 5:30 - 6:30		Badminton 5:30-6:30		Boot Camp 5:30 - 6:30		Badminton 5:30-6:30		Boot Camp 5:30 - 6:30		Adult Pick-up Basketball 7:00 - 8:45 AM		Youth Basketball League 9:00-1:30		Basketball Rental 9:00  11:00 YMCA open at 12:00			
6:00 AM	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym									
6:30 AM	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym									
7:00 AM	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym									
7:30 AM	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym									
8:00 AM	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym									
8:30 AM	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Youth Flag Football 2:00-5:30 PM		Champs Basketball Program 2:00 - 3:30 Family Gym Time Exceptions are birthday parties 3:30 - 5:00 Adult Floor Hockey					
9:00 AM	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym									
9:30 AM	Pre-School		Have a Ball 9:30-10:15		Kindergarten		Adult Fit class		Intro to Soccer 9:30-10:15						Kindergarten		Intro to Basketball 9:30-10:15	
10:00 AM	Pre-School		Have a Ball 9:30-10:15		Kindergarten		Adult Fit class		Intro to Soccer 9:30-10:15						Kindergarten		Intro to Basketball 9:30-10:15	
10:30 AM	9:30-10:45		Have a Ball 9:30-10:15		Kindergarten		Retiree		Intro to Soccer 9:30-10:15						Kindergarten		Intro to Basketball 9:30-10:15	
11:00 AM	Adult Fit class		Have a Ball 9:30-10:15		Kindergarten		Basketball		Intro to Soccer 9:30-10:15						Kindergarten		Intro to Basketball 9:30-10:15	
11:30 AM	11:00-12:00		Have a Ball 9:30-10:15		Kindergarten		10:30-12:00		Intro to Soccer 9:30-10:15		Kindergarten		Intro to Basketball 9:30-10:15					
12:00 PM	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym					
12:30 PM	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym					
1:00 PM	Home School Gym Program 1:15 -4:30		Open Gym		Fit Kids 1:00-1:45		Open Gym		Fit Kids 1:00-1:45		Fit Kids 1:00-1:45		Fit Kids 1:00-1:45					
1:30 PM	Home School Gym Program 1:15 -4:30		Open Gym		Fit Kids 1:00-1:45		Open Gym		Fit Kids 1:00-1:45		Fit Kids 1:00-1:45		Fit Kids 1:00-1:45					
2:00 PM	Home School Gym Program 1:15 -4:30		Open Gym		Fit Kids 1:00-1:45		Open Gym		Fit Kids 1:00-1:45		Fit Kids 1:00-1:45		Fit Kids 1:00-1:45					
2:30 PM	Home School Gym Program 1:15 -4:30		Open Gym		Fit Kids 1:00-1:45		Open Gym		Fit Kids 1:00-1:45		Fit Kids 1:00-1:45		Fit Kids 1:00-1:45					
3:00 PM	Home School Gym Program 1:15 -4:30		Open Gym		Fit Kids 1:00-1:45		Open Gym		Fit Kids 1:00-1:45		Fit Kids 1:00-1:45		Fit Kids 1:00-1:45					
3:30 PM	Home School Gym Program 1:15 -4:30		Open Gym		Fit Kids 1:00-1:45		Open Gym		Fit Kids 1:00-1:45		Fit Kids 1:00-1:45		Fit Kids 1:00-1:45					
4:00 PM	Home School Gym Program 1:15 -4:30		Open Gym		Fit Kids 1:00-1:45		Open Gym		Fit Kids 1:00-1:45		Fit Kids 1:00-1:45		Fit Kids 1:00-1:45					
4:30 PM	Schools Out		Open Gym		Schools Out		Open Gym		Schools Out		Intro to Basketball 4:15-5:00		Intro to Hockey 4:15-5:00					
5:00 PM	4:30-5:15		Open Gym		Schools Out		Open Gym		Schools Out		Intro to Basketball 4:15-5:00		Intro to Hockey 4:15-5:00					
5:30 PM	Youth Indoor Soccer League 5:15-8:15		Open Gym		Open Gym		zone 5:00-5:45		Open Gym		Open Gym		Family Badminton 5:15 - 7:45					
6:00 PM	Youth Indoor Soccer League 5:15-8:15		Open Gym		Open Gym		zone 5:00-5:45		Open Gym		Open Gym		Family Badminton 5:15 - 7:45					
6:30 PM	Youth Indoor Soccer League 5:15-8:15		Open Gym		Open Gym		zone 5:00-5:45		Open Gym		Open Gym		Family Badminton 5:15 - 7:45					
7:00 PM	Youth Indoor Soccer League 5:15-8:15		Open Gym		Open Gym		zone 5:00-5:45		Open Gym		Open Gym		Family Badminton 5:15 - 7:45					
7:30 PM	Youth Indoor Soccer League 5:15-8:15		Open Gym		Open Gym		zone 5:00-5:45		Open Gym		Open Gym		Family Badminton 5:15 - 7:45					
8:00 PM	Youth Indoor Soccer League 5:15-8:15		Open Gym		Open Gym		zone 5:00-5:45		Open Gym		Open Gym		Family Badminton 5:15 - 7:45					
8:30 PM	Adult Volleyball 8:30-11:15		Adult Floor Hockey 8:30-11:30		Adult Volleyball 8:00		Badminton 6:45 - 8:00		Adult Volleyball 8:00 - 9:30		Special Olympics 8:00 - 9:30		Open Gym					
9:00 PM	Adult Volleyball 8:30-11:15		Adult Floor Hockey 8:30-11:30		Adult Volleyball 8:00		Badminton 6:45 - 8:00		Interm. 8:00 - 9:30		Open Gym		YMCA Closed at 8:00					
9:30 PM	Adult Volleyball 8:30-11:15		Adult Floor Hockey 8:30-11:30		Adult Volleyball 8:00		Badminton 6:45 - 8:00		Adult Volleyball 8:00 - 9:30		Open Gym		YMCA Closed at 8:00					
10:00 PM	Adult Volleyball 8:30-11:15		Adult Floor Hockey 8:30-11:30		Adult Volleyball 8:00		Badminton 6:45 - 8:00		Advanced 9:30		Open Gym		YMCA Closed at 10:00					
10:30 PM	Adult Volleyball 8:30-11:15		Adult Floor Hockey 8:30-11:30		Adult Volleyball 8:00		Badminton 6:45 - 8:00		Advanced 9:30		Open Gym		YMCA Closed at 10:00					
11:00 PM	Adult Volleyball 8:30-11:15		Adult Floor Hockey 8:30-11:30		Adult Volleyball 8:00		Badminton 6:45 - 8:00		Advanced 9:30		Open Gym		YMCA Closed at 10:00					
11:30 PM	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		YMCA Closed at 10:00					
12:00 AM	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		at 7:00					

Please Note: