



2008 Fall 2 Pool Schedule

Martin Pool

Time	MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.
5 am - 6 am	Lap/Open Swim						
6 am - 7 am	Lap/ Open Aqua Aerobics 6-6:45	Lap/ Open	Lap/ Open Aqua Aerobics 6-6:45	Lap/ Open			
7 am - 8 am	Lap/Open Swim					Lap/ Open	
8 am - 9 am	Lap/ Open	Lap/ Open	Lap/ Open	Lap/ Open	Lap/ Open Hydrotrim 8:45-9:30	Lap/ Open Water Tai Chi 8:15-9	
9 am - 10 am	Hydrotrim 8:45-9:30	Lap/ Open Water Walkers 9:45-10:30	Hydrotrim 8:45-9:30	Lap/ Open Water Walkers 9:45-10:30	Lap/ Open Lessons 9:30-10	Youth Lessons	
10 am - 11 am	Lap/ Open	Lap/ Open		Lap/ Open	Lap/ Open Lessons 10-11		
	Water Walkers 10-10:45						
11 am - 12 pm	Lap/Open Swim Mon Gym and Swim 11-11:30						
12 pm - 1 pm						Lap/Open Swim	Lap/Open Swim
1 pm - 2 pm							
2 pm - 3 pm							
3 pm - 4 pm							
4 pm - 5 pm	Lap/Open Swim				Lap/ Open Schools Out 4:15-5		
5 pm - 6 pm	Lap/Open Swim					Pool Closes at 7:30	Pool Closes at 6:30
6 pm - 7 pm							
7 pm - 8 pm	Lap/ Open	Lap/ Open Masters Swim 6-7	Lap/ Open	Lap/ Open	Lap/ Open		
8 pm - 9 pm							
9 pm - 10 pm	Lap/Open Swim Pool Closes at 9:45 pm						