

Fun note! At our 5K & 1 Mile Fun Run – Costumes are encouraged!



We hope you take time to enjoy our fun fall activities with your family:

- ❖ Raffles
- ❖ Music
- ❖ Food
- ❖ Smoothies
- ❖ Games



**TRUNK OR TREAT FOR THE KIDS
FOLLOWING THE RACE!**



Proceeds will go to the Indian Valley Wellness Department Annual Fund which helps provide financial assistance programs for youth, teens, seniors and families in our community.

INDIAN VALLEY FAMILY YMCA
890 Maple Ave
Harleysville, PA 19438
215-723-3569

Race questions, please
contact:
wendym@NorthPennYMCA.org



Saturday | October 23, 2021

INDIAN VALLEY FAMILY YMCA
890 Maple Ave
Harleysville, PA 19438

5K Run starts at 9:00 AM
1 Mile Fun Run at 10:00 AM

***Sign-In/Registration | 8:00AM**

5K Prizes to be awarded:

- * The overall Male and Female winners
- * The top three Male and Female finishers in each age category below:

AGE CATEGORIES

14 and under

15-19 20-29

30-39 40-49

50-59 60-64

65-69 70+

1 Mile Fun/Run Awards:

*For top three
Male and Female finishers

Online Registration available at:



www.pretzelcitysports.com

Registration closes at midnight, October 20th
Nominal service fee applies.

Registration Form for 5K and/or 1 Mile Fun Run/Walk

T-shirts given to first 125 Pre-registered (postmarked or hand delivered) on or before **October 2nd!**
After that day, Monster Dash shirts available while they last!

Fill out completely, please print:

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____ Race day age (10/23): _____

Email: _____ Male / Female (circle one)

T-shirt Size: (Adult) S M L XL (Child) S M L

Please indicate events you wish to register for below:

Pre-registration fee (If registered by Oct. 2nd) - race t-shirt guaranteed!

___ \$15 1 Mile Fun Run/Walk, Individual

___ \$30 5K Race, Individual \$30

___ \$___ Monetary Donation to Indian Valley Family YMCA

Registration fee (after Oct. 2nd) - shirts included while supplies last

___ \$20 1 Mile Fun Run/Walk, Individual

___ \$35 5K Race, Individual

___ \$___ Monetary Donation to Indian Valley Family YMCA

Please make sure you read and understand the following **LIABILITY DISCLAIMER**, and sign below. Your signature provides consent to the terms of this disclaimer. All participants must sign or have legal guardian sign in order to participate in the events.

The Indian Valley Family YMCA 5K Race and 1 Mile Fun Run involves running and walking activities, which may include risks such as but not limited to: falls, interaction with other participants, effects of weather, traffic, and conditions of the road and course. In consideration of being allowed to participate in this event, the participant hereby expressly assumes all risks, including personal injury, death, or property damage, arising in any way out of participation in the aforementioned events and any and all related activities. The participant agrees for him/herself, executors, and administrators to not sue and to release, indemnify, and hold harmless, the Township of Lower Salford, Franconia Township, Souderton Area School District, Indian Valley Family YMCA, Peter Becker Community, Montgomery County, as well as their affiliates, officers, directors, volunteers, and employees from any and all liability, claims, demands, and causes of action whatsoever, arising out of participation in this event and related activities, whether it results from the negligence of any of the above or from any other causes.

Name of Participant: _____

Signature of Participant/ Guardian: _____

Date: _____



Make checks payable to:
"NORTH PENN YMCA"

Mail To: Indian Valley Family YMCA
Attn: 5K Registration
890 Maple Avenue
Harleysville, PA 19438