



# WELCOME

## THREES ROOM

### HUGS DAYCARE

Dear Parents,

Your child is entering an exciting new phase as they enter the Three's Class. This information should answer any questions you might have regarding your child's new classroom. Please feel free to contact us if you have any further questions or if there is something you feel we should know about your child. We look forward to getting to know you and your child and help them have a fun, safe and wonderful experience in our class.

Thank you,

The Three's Teachers

Director: Katelyn Adams

Email: [katelyna@northpennymca.org](mailto:katelyna@northpennymca.org)

(215) 723-9364



# What to Bring the First Day of School

## Juice and Milk

Please bring milk or juice for your child to share with the class every other week. Your child can bring in a labeled water bottle for when we go outside.

## Snacks for morning and afternoon

We have a drawer for snacks that need to be refrigerated and there is a container in your child's cubby for dry snacks. You may bring snacks each day or bring enough for the week. Please make sure the snacks are labeled with your child's name. We will let you know when they are running low.

## Lunch

Lunch should be in a lunch box that is labeled with your child's name. Please make sure that tops and bottoms of all containers are labeled with your child's name. **Please no glass containers or heat ups that take longer than 2 minutes.**



## Diapers, Pull-ups and Wipes

We will notify you when they are low.

## Lotions

Please bring in for diaper rashes as well as sunscreen for when we go outside.

## Extra Clothing

Please bring in a complete change of clothes for that season, extra if they are potty training (shirt, pants, underwear, socks, shoes).

## Sheets & Blankets

Due to the size of the cubbies, please provide one blanket and one crib size sheet for your child. These will be sent home on Fridays to be washed.



# CLASSROOM GUIDELINES

## BREAKFAST

Breakfast will be served between 6:30 and 8:00am Please provide your child's breakfast if they will be eating here.

## TOYS FROM HOME

Personal toys should be left at home. These toys are special to your child and we cannot guarantee their safety. There are plenty of safe, age appropriate toys in our classroom.

## PLAYGROUND & GYM

All children must wear a closed toe and heel shoe (ex. sneakers) for the playground and gym. No sandals or open toed shoes of any type are acceptable. For safety reasons, children will not be allowed to play on the playground or in the gym if they do not have appropriate shoes.

## BIRTHDAYS & BIRTHDAY INVITATIONS

We welcome you to bring a special birthday treat for the class on your child's birthday. Please check with the teacher regarding appropriate treats and the number needed. Birthday invitations must be given to the director to distribute. The invitations will be put in each child's lunchbox to go home.

## SICK POLICY

Please review our Health Policies in your Parent Handbook.

**Please remember to label all items that belong to your child. If you have any questions or concerns, please do not hesitate to call.**



## What we will be learning in the Threes

In the threes room, you will be learning independence especially during lunch and snack times. You will be helping to get your lunch boxes out and put away. You will be cleaning up your area when you are done. This is your time to be social and to get to know your friends. You will learn how to develop nice manners such as saying please, thank you, and you're welcome. You will notice that the older children are very willing to help you adjust.

Swimming Class is every Tuesday! Please remember to be here by 8:30am with your swim suit under your clothes. Also remember your towel and a swim bag. The threes develop listening ears so they can listen to their swim teachers at all times to be safe in the pool. We learn how to come in and out of the pool safely, how to float, kick and paddle.

We look forward to working with you each day in learning your letters, beginning sounds, counting to 20, identifying numbers from 1-20, cutting, rhyming, opposites, learning to write your name and how to hold a pencil. We will work on a weekly theme by learning through play, cooking, music and lots of art activities that will fill our weeks.



## THREE'S ROOM DAILY SCHEDULE

6:30-9:15	Arrivals and Potty/Diaper Changes
9:15-9:45	Morning Snack
9:45-10:30	Circle Time (Songs, flash cards, story time)
10:30-11:00	Large Group Activities/Playground/Walk
11:00-12:00	Free Play/Potty/Diaper Changes
12:00-12:30	Lunch
12:30-2:30	Nap/Quiet Time
2:30-3:00	Free Play/Potty/Diaper Changes
3:00-3:30	Afternoon Snack
3:30-4:30	Large Group Activities/Playground
4:30-4:45	Potty/Diaper Changes
4:45-6:00	Free Play

**Diaper Changes/Potty:** at noted times and as needed

**Gym Class:** on Tuesday's at 10:00 AM

**Music Class:** on Wednesday's at 9:30 AM

**Cooking Class:** on Friday's at 9:30 AM

Please contact us with any additional questions or concerns.  
Thank you for choosing HUGS Day Care!